

# REGION 3 RESOURCE CENTER

## SAFETY VIDEOS

Title:	<b>ALCOHOLISM IN THE WORKPLACE</b>
Order #:	VIDEO SAFETY 67
Abstract:	Recognize the signs of alcoholism and be a positive part of the solution: know the physical and psychological affects of alcohol, typical behavioral signs and workplace patterns as well as positive steps a fellow employee or supervisor can take without diagnosing.
Title:	<b>ALL WASHED UP</b>
Order #:	VIDEO SAFETY 31
Length:	5 min.
Abstract:	A secondary line of defense of protection in the work place is emergency showers and eye-wash units. This Safety Shorts video teaches workers how and when to use them.
Title:	<b>AMERICA AT WORK: LIVING WITH HIV</b>
Order #:	VIDEO SAFETY 71
Length:	15 min.
Abstract:	This program covers facts about HIV, how to prevent yourself from becoming infected with HIV and how to work with people that are HIV positive, and not discriminate against them.
Title:	<b>BACK INJURY RESPONSIBILITY</b>
Order #:	VIDEO SAFETY 72
Length:	9 min.
Abstract:	Learn how and how not to lift objects. Protect your back from injury by lifting properly.
Title:	<b>BACKING UP</b>
Order #:	VIDEO SAFETY 50
Length:	5 min.
Abstract:	Safely backing up trucks, trailers, and other vehicles can be a challenging task requiring more than a little skill. Every year there are many accidents resulting in injury and damage due to carelessness when backing vehicles.
Title:	<b>BEATING A BLOWOUT</b>
Order #:	VIDEO SAFETY 9
Length:	5 min.
Abstract:	When a tire blows, proper action by the driver can prevent a more serious accident. This Safety Shorts video outlines the simple but important rules to follow when a blowout occurs.
Title:	<b>BOATING SAFETY (MERCURY MARINE)</b>
Order #:	VIDEO SAFETY 51
Title:	<b>BOATING SAFETY (SAFETY SHORTS)</b>
Order #:	VIDEO SAFETY 17
Length:	5 min.
Abstract:	Every year, more than 1,000 Americans die in boating accidents. This Safety Shorts video describes common boating hazards and discusses steps to take for avoiding accidents.
Title:	<b>CALLING FOR HELP</b>
Order #:	VIDEO SAFETY 24
Length:	5 min.
Abstract:	The 9-1-1 telephone system was designed to be a single number to call for help in virtually any emergency situation. This video illustrates how the 9-1-1 system works and how callers can use it most effectively.

Title: **CAR JACKS**  
 Order #: VIDEO SAFETY 3  
 Length: 5 min.  
 Abstract: Changing a flat tire can be a real nuisance—and a real danger when safety is ignored. This Safety Shorts video overviews the proper procedures for using a car jack safely.

Title: **CHAINSAW SAFETY**  
 Order #: VIDEO SAFETY 63  
 Abstract: Covers avoiding burns, kickbacks and other chainsaw injuries, PPE and proper tree cutting.

Title: **CHARGING UP ON BATTERY SAFETY**  
 Order #: VIDEO SAFETY 41  
 Length: 5 min.  
 Abstract: Automobile batteries present more dangers than you might think. This Safety Shorts video takes a look at battery hazards and reviews the proper safety procedures for their maintenance.

Title: **CLOSE ENCOUNTERS: A HAZARDOUS WASTE TRAINING TAPE**  
 Order #: VIDEO SAFETY 12, 12A  
 Abstract: Good for all personnel who may come across hazardous wastes or moonlight dumping on Service lands. Covers types of wastes, their various properties and how to avoid injury when waste is encountered.

Title: **COMPUTER FITNESS: HOW TO WORK COMFORTABLY, PRODUCTIVELY AND SAFELY**  
 Order #: VIDEO SAFETY 47  
 Length: 20 min.  
 Abstract: Includes: how to set up a workstation correctly, work with less stress, use of adaptive devices, simple stretches to avoid health problems.

Title: **CUTTING IT SHORT-PART 1**  
 Order #: VIDEO SAFETY 27  
 Length: 5 min.  
 Abstract: Mowing the yard can be dangerous if the rules of safety are neglected. This Safety Shorts video parodies the TV classic Dragnet as a reminder to always practice safety when using a power mower.

Title: **DANGER, THIN ICE**  
 Order #: VIDEO SAFETY 52  
 Length: 20 min.  
 Abstract: How to avoid taking an icy plunge and what to do if you or a companion falls through thin ice.

Title: **DESTINATION SAFETY: PART 2**  
 Order #: VIDEO SAFETY 28  
 Length: 5 min.  
 Abstract: This video explains that safety is a state of mind. This Safety Shorts video emphasizes safety at home as well as on the job.

Title: **DO YOU KNOW WHERE YOUR TRASH IS?**  
 Order #: VIDEO SAFETY 32  
 Length: 5 min.  
 Abstract: Our trash holds valuable resources that can be reprocessed and used again. This Safety Shorts video describes recycling at home and at the office.

Title: **DRIVING DEFENSIVELY 1**  
 Order #: VIDEO SAFETY 43  
 Length: 5 min.  
 Abstract: This Safety Shorts video reminds us of the dangers we face in our daily routine of driving and offers safety principles which can protect us.

Title: **DRUGS, DRINKING AND DRIVING**  
 Order #: VIDEO SAFETY 66

Length: 15 min.  
Abstract: Dramatized true stories from the National Highway Safety Administration demonstrate tragic consequences of driving under the influence. Also covered are sobriety and breathalyser tests.

Title: **DRUG-FREE WORKPLACE**  
Order #: VIDEO SAFETY 68  
Length: 19 min.  
Abstract: Discusses drug abuse and its impact on the workplace, the Drug-Free Workplace Act of 1988, using drug tests while respecting employee rights, and the drug testing process. Also explains about available counseling, rehabilitation and employee assistance programs.

Title: **EAT SMART**  
Order #: VIDEO SAFETY 58  
Length: 60 min.  
Abstract: This video contains information about the links between dietary habits and diseases that cause 70% of the deaths in this country. Program makes recommendations and suggestions for making better choices in our diets that can enhance lives and health.

Title: **EVALUATION VIDEOTAPE, MANAGING EMPLOYEE SAFETY & HEALTH**  
Order #: VIDEO SAFETY 48

Title: **FIGHTING THE STRAIN-ERGONOMICS**  
Order #: VIDEO SAFETY 40  
Length: 5 min.

Title: **FIRE ESCAPE-GETTING OUT ALIVE**  
Order #: VIDEO SAFETY 23  
Length: 5 min.  
Abstract: The best way to survive a fire is to have a fire escape plan. This Safety Shorts video shows you how to plan ahead, so you can get out of the fire and smoke alive.

Title: **FIRST AID KITS**  
Order #: VIDEO SAFETY 30  
Length: 5 min.  
Abstract: Since injuries can occur anywhere, it is important that every workplace have a first aid kit. This Safety Shorts video provides information on the different types of first aid kits, their placement, and their proper maintenance.

Title: **FIRST FEW MINUTES**  
Order #: VIDEO SAFETY 21  
Length: 5 min.  
Abstract: When an office fire strikes, every second counts. This Safety Shorts video emphasizes the proper planning and knowledge of procedures in a fire.

Title: **FOOT CLOSER TO SAFETY**  
Order #: VIDEO SAFETY 7  
Length: 5 min.  
Abstract: This Safety Shorts video illustrates the necessity of proper foot protection and highlights the basic types of safety shoes.

Title: **GOOD DRIVING IS AN ATTITUDE**  
Order #: VIDEO SAFETY 4  
Length: 5 min.  
Abstract: Driving safely is a conscious effort. This Safety Shorts video reminds us that good driving begins with a good attitude.

Title: **HARD HAT SAFETY**  
Order #: VIDEO SAFETY 64  
Length: 5 min.  
Abstract: Discusses functions of hard hats providing impact, electrocution, and heat safety protection.

Includes maintaining suspensions in hard hats, hard hat maintenance and overcoming arguments against wearing hard hats.

Title: **HAZ COM–AN OVERVIEW**  
Order #: VIDEO SAFETY 38  
Length: 5 min.  
Abstract: All workers should be familiar with hazardous chemicals in the workplace. This Safety Shorts video overviews HAZ COM requirements, proper labeling and material safety data sheets.

Title: **HEADS UP FOR SAFETY–OVERHEAD DANGERS**  
Order #: VIDEO SAFETY 36  
Length: 5 min.  
Abstract: Potential dangers often loom above. This Safety Shorts video demonstrates the importance of watching for hazards everywhere.

Title: **HEARING THE GOOD THINGS IN LIFE**  
Order #: VIDEO SAFETY 16  
Length: 5 min.

Title: **HEAT CAN KILL**  
Order #: VIDEO SAFETY 22  
Length: 5 min.  
Abstract: Heat stroke and heat exhaustion can occur in any hot work environment. This Safety Shorts video describes the symptoms of both conditions and outlines proper first aid for each.

Title: **HOODS UNDER THE HOOD**  
Order #: VIDEO SAFETY 14  
Length: 5 min.  
Abstract: Poorly maintained vehicles are like time bombs waiting to explode. This Safety Shorts video shows you how to prevent accidents through basic vehicle safety maintenance.

Title: **HOUSEKEEPING–GENERAL WORK SPACE**  
Order #: VIDEO SAFETY 19  
Length: 5 min.  
Abstract: Clutter in the workplace can often get in the way of safety. This Safety Shorts video stresses the importance of an orderly work area for keeping hazards at a minimum.

Title: **HOW TO HANDLE AN INJURED RAPTOR**  
Order #: VIDEO SAFETY 59, 59 A  
Length: 10 min.  
Abstract: Instructions for capturing, handling, equipment, covering technique, staring technique, transporting, and reporting to authorities.

Title: **INTRODUCTION TO CLASS A FOAM**  
Order #: VIDEO SAFETY 54  
Length: 13 min.

Title: **JOHN DEERE CONSOLIDATED SAFETY VIDEO**  
Order #: VIDEO SAFETY 11  
Length: Ranger from 2-20 min.  
Abstract: "The safest equipment is only as good as the person operating it." Eleven programs of various length.

Title: **JUDGEMENT ON THE WATER–A LESSON IN SMALL BOAT SAFETY**  
Order #: VIDEO SAFETY 46, 46 A  
Abstract: Stresses that alcohol and boating do not mix. Also provides good information on flotation devices.

Title: **KNOW YOUR ABC'S–FIRE EXTINGUISHERS**  
Order #: VIDEO SAFETY 20  
Length: 5 min.

Abstract: An industrial or construction site can house dangerous fire hazards. This Safety Shorts video outlines the different types of fire extinguishers and their appropriate use.

Title: **LADDER SAFETY**

Order #: VIDEO SAFETY 5

Length: 5 min.

Abstract: Incorrectly used, a ladder is one of the most dangerous tools in the workplace. This Safety Shorts video offers guidelines for safe ladder use.

Title: **LIFTING SAFELY**

Order #: VIDEO SAFETY 49

Title: **LYME DISEASE**

Order #: VIDEO SAFETY 53

Length: 5 min.

Abstract: Lyme disease is a serious illness, transmitted through the bite of a tiny tick. This Safety Shorts video shows how to recognize its symptoms and outlines how it can be prevented.

Title: **LYME DISEASE: AN OUTDOOR MENACE**

Order #: VIDEO SAFETY 55

Length: 15 min.

Title: **MINNESOTA BOATERS' SAFETY**

Order #: VIDEO SAFETY 62

Abstract: This MN DNR is intended as both a stand-alone general boating safety video as well as a modular teaching tool for boating safety courses. Appropriate for junior high through adult audiences.

Title: **NEW LOOK AT COLD WATER NEAR-DROWNING**

Order #: VIDEO SAFETY 57

Title: **NIGHT DRIVING**

Order #: VIDEO SAFETY 44

Length: 5 min.

Title: **NO MORE MR. MEAN SCREEN**

Order #: VIDEO SAFETY 33

Length: 5 min.

Title: **OUTDOOR SAFETY-CRITTERS AND PLANTS**

Order #: VIDEO SAFETY 42

Length: 5 min.

Abstract: The beauty and tranquility of the outdoor world may be dangerously deceptive to the unwary and uninformed. In this video two surveyors encounter some unexpected hazards and learn valuable lessons in outdoor safety.

Title: **PERSONAL WORK SPACE**

Order #: VIDEO SAFETY 1

Length: 5 min.

Abstract: We tend to think of our offices as safe places but they can hold potential dangers. This Safety Shorts video outlines some ways to prevent accidents at the office.

Title: **POISONOUS PLANTS SAFETY**

Order #: VIDEO SAFETY 65

Length: 7 min.

Abstract: This video helps in recognizing poison ivy, oak and sumac. Explains methods of exposure and warning signs and treatment.

Title: **POLARIS ATV SAFETY**

Order #: VIDEO SAFETY 70, 70A

Abstract: Safety tips on ATV equipment.

Title: **RADON IN PERSPECTIVE**

Order #: VIDEO SAFETY 15

Length: 20 min.

Title: **RESTROOM MAINTENANCE**

Order #: VIDEO SAFETY 34

Abstract: Information on fast and effective restroom maintenance.

Title: **SAFE RIDER**

Order #: VIDEO SAFETY 60

Length: 22 min.

Abstract: How to drive a snowmobile safely, and safety tips.

Title: **SAFETY IS YOUR RESPONSIBILITY**

Order #: VIDEO SAFETY 35

Length: 5 min.

Abstract: Safety begins with the right attitude. This Safety Shorts video illustrates the importance of keeping safety in mind while on the job—and keeping personal matters at home.

Title: **SHOCKING EXPERIENCE**

Order #: VIDEO SAFETY 6

Length: 5 min.

Abstract: Electrical hazards pose a danger at home as well as in the workplace. This Safety Shorts video reviews proper safety precautions for working with electricity.

Title: **STAR WITNESS—ACCIDENT REPORTING**

Order #: VIDEO SAFETY 37

Length: 5 min.

Abstract: This Safety Shorts video reminds that observing the details of an accident and reporting them accurately can prevent lost time in the future.

Title: **STRESS IN THE WORKPLACE**

Order #: VIDEO SAFETY 18

Length: 5 min.

Abstract: About three-fourths of Americans experience stress at work. This Safety Shorts video discusses the causes of stress and ways to deal with its effects.

Title: **TORNADO-PLAN TO SURVIVE**

Order #: VIDEO SAFETY 69

Length: 11 min.

Abstract: Describes plans of action to take when tornados threaten.

Title: **VORTICES IN WILDLAND FIRE**

Order #: VIDEO SAFETY 13, 13A

Length: 14 min.

Abstract: Describes the dynamics of fire swirls, winds, hot spots, and perimeter phenomena and their implications for fire safety.

Title: **WADER SAFETY**

Order #: VIDEO SAFETY 61

Length: 13 min.

Abstract: Instructional video on how to safely use waders when an accidental fall occurs. Useful for hunters and fisher persons.

Title: **WATCH YOUR BACK**

Order #: VIDEO SAFETY 2

Length: 5 min.

Abstract: Lifting heavy objects the wrong way can result in serious injury. This Safety Shorts video humorously illustrates the five steps to proper lifting.

Title: **WATCH YOUR LOAD**  
Order #: VIDEO SAFETY 8  
Length: 5 min.  
Abstract: Loose items inside a vehicle can become deadly projectiles during an accident or sudden stop. This Safety Shorts video illustrates the dangers of unrestrained cargo.

Title: **WHEN LIGHTNING STRIKES**  
Order #: VIDEO SAFETY 29  
Length: 5 min.  
Abstract: Lightning can be a powerful and deadly force. In this Safety Shorts video Ben Franklin takes a trip to the 20<sup>th</sup> Century to learn more about lightning safety.

Title: **WHEN THE SIREN SOUNDS**  
Order #: VIDEO SAFETY 10, 10A  
Abstract: Outlines the difference between tornado watches and warnings, and what to do in the event of a tornado.

Title: **WHERE ARE YOUR HANDS?**  
Order #: VIDEO SAFETY 39  
Length: 5 min.  
Abstract: Hand injuries account for a major portion of on-the-job accidents in today's workplace. This Safety Shorts video outlines the "dos" and don'ts" of hand safety.

Title: **WHO'S THE BOSS?**  
Order #: VIDEO SAFETY 25  
Length: 5 min.  
Abstract: In a work environment where safety and profit depend on clear thinking, drug use cannot be tolerated. This Safety Shorts video reminds us not to let drugs run our lives.

Title: **WORKER'S ENEMY NUMBER ONE**  
Order #: VIDEO SAFETY 56  
Length: 5 min.  
Abstract: Forty percent of all work-related injuries involve the back. This Safety Shorts video explains how to avoid back injury through a few common- sense practices.